

LOVE AUDIT

1. Where do you want to go?

- What kind of relationship do you want to be in within 12 months?
 - a. ● What is your intention for the relationship you would like to be in if it can now be any way you truly want it to be?
 - b. ● What would your life be like with the “love of your life” in it, sharing your life with you?
 - c. ● How would your life be different?
 - d. ● Why is all of this important to you?
 - e. ● What would be the impact of that for you?
 - f. ● What’s the best thing about creating the relationship of your dreams?

2. Where are you now?

- What does your love life look like now?
- How much time do you spend on attracting your dream partner right now?
- What do you spend your time doing to attract the love of your life?
- What positive support do you currently have to help you attract the love of your life?
- How much self love do you experience in your life right now?

3. What’s stopping you from getting to where you want to go?

- What behavioral roadblocks or other challenges are stopping you from getting where you want to go with having the love of your life?
- Why is this such a challenge for you?
- Why do you think you haven’t solved this challenge already?
- What other challenges or roadblocks might you run into?
- Where are you getting stuck, mentally, with attracting the love of your life? What’s keeping you stuck?

4. Create Your Action Steps.

Based on the information you shared, what would be the three most important actions steps you can do to move forward with creating the love of your life?

- 1.**
- 2.**
- 3.**