

Going Forward

Over the next 90 days, I want to focus on achieving:

What's important about that?

The 3 new habits I most want to adopt:

- 1.
- 2.
- 3.

The 3 old habits/patterns I need to let go of are:

- 1.
- 2.
- 3.

The support, stretch and accountability I need is:

ANA-MARIA
Lunavoda.com
